

Maternal healthcare can and *should* be better in the United States.

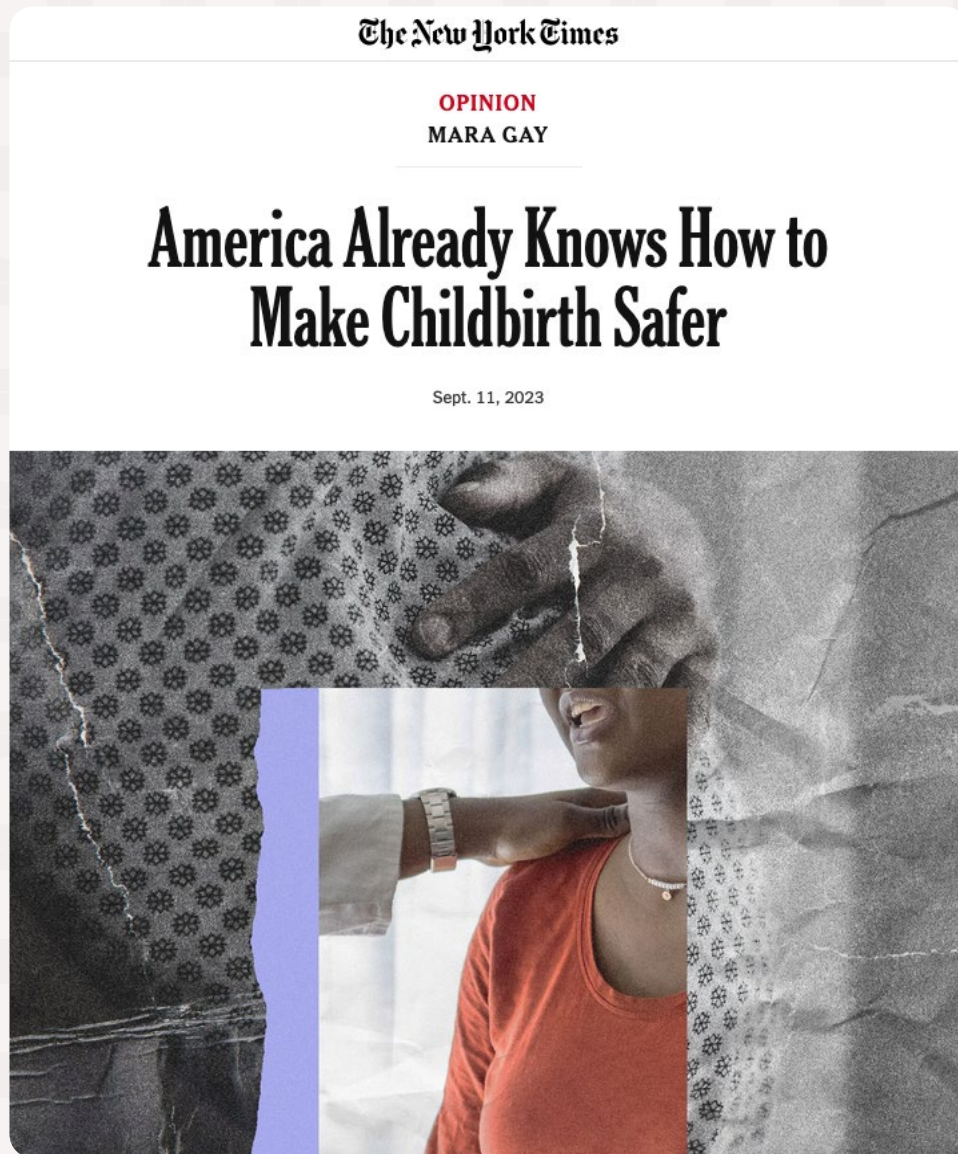
In the episodes “*Midwives, Doulas, Maternal Healthcare—Oh My!*” on the Atrómitos Way, Molly Firth and Suzanne Wertman spoke of the dire need for change in the delivery of maternal health in the United States. We’ve compiled some sources to help educate our listeners further.



THE ATRÓMITOS WAY

Listen to the Episodes, “*Midwives, Doulas, Maternal Healthcare—Oh My!*” [here](#).

This is an interactive document. Click the links to be taken to the resources and learn more.



America Already Knows How to Make Childbirth Safer

Mara Gay • September 2023

Years ago, researchers discovered that American women were dying in childbirth at an alarming rate, far higher than in many other Western countries. Black women, they found, were dying at even more elevated rates. Data in hand, they called for change...

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URBAN WIRE

A Look at the Past, Present, and Future of Black Midwifery in the United States

Lauren Fung, Leandra Lacy

May 18, 2023



Look at the Past, Present, and Future of Black Midwifery in the United States

Lauren Fung & Leandra Lacy • May 2023

Midwifery is an effective model for providing prenatal health care and is proven to result in lower C-section rates and fewer preterm births. Though it has roots in Black, Indigenous, and immigrant communities, Black people face systemic barriers to practicing midwifery. As a result, birthing people in their communities may have less access to birthing care and birthing environments that feel safe and comfortable...

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Community-Based Models to Improve Maternal Health Outcomes and Promote Health Equity



Community-Based Models to Improve Maternal Health Outcomes and Promote Health Equity

March 2021

The United States has one of the highest rates of maternal mortality among high-income countries, with nearly 17.4 deaths for every 100,000 live births, despite significantly higher spending on maternity care. Further, risks for maternal mortality are disproportionately higher among Black women, who have a pregnancy-related mortality ratio more than double that of white women, regardless of educational level. Similarly elevated risks of maternal mortality are also reported for Indigenous women...

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July 27, 2023 | 5 min read

SAVE 

Integrating midwifery model of care key to address disparities, maternity care crisis

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Key takeaways:

- The U.S. has four midwives for every 1,000 live births vs. 30 to 70 midwives in other high-income countries.
- Midwifery integration was linked to lower rates of race-specific neonatal mortality.

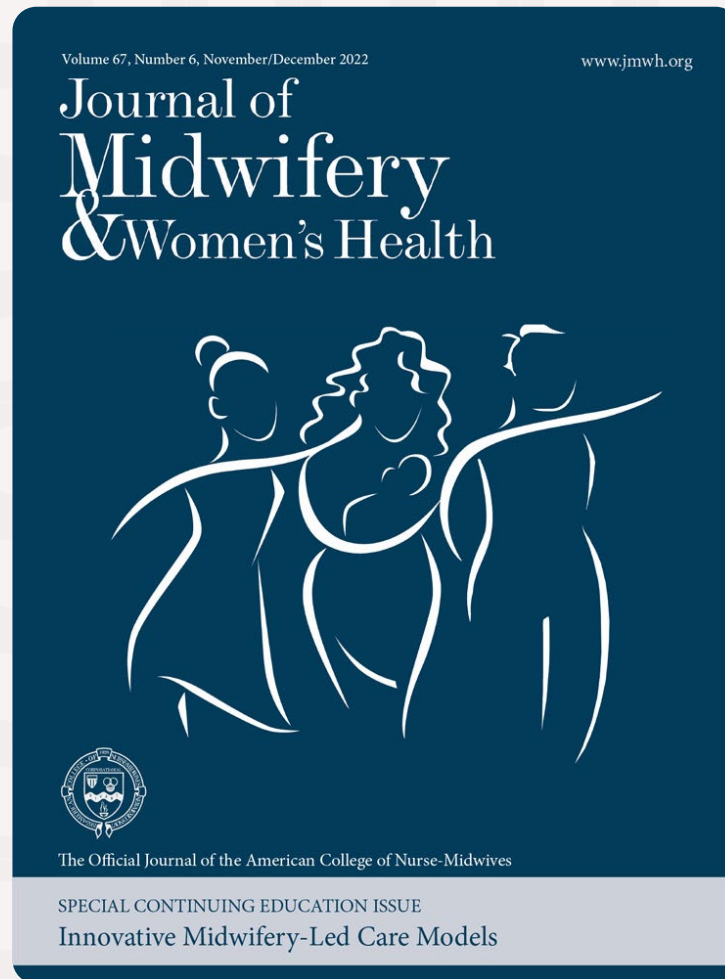
Integrating Midwifery Model of Care Key to Address Disparities, Maternity Care Crisis

Erin T. Welsh, MA • July 2023

More fully integrating the midwifery model of care in philosophically aligned health care teams and institutions could be important in addressing disparities and the maternity care crisis in the U.S., according to a published expert review...

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A Model of True CHOICES: Learnings from a Comprehensive Sexual and Reproductive Health Clinic in Tennessee that Provides Abortions and Opened the City's First Birth Center

Nikia Grayson CNM, DNP, MPH, MA, MSN, FNP-C

Nicole Quinones MPH

Talita Oseguera CNM, WHNP-BC, MSN

December 2022

READ THE FULL TEXT →

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Tackling the Maternal and Infant Health Crisis: A Governor's Playbook



The National Governors Association
and New Jersey First Lady Tammy Murphy

in collaboration with
BOLDLY GO
PHILANTHROPY



Tackling The Maternal And Infant Health Crisis: A Governor's Playbook

National Governors Association • 2023

The United States has the worst rates of maternal mortality among developed countries, and the gap between rates in the U.S. and other high-income countries is widening. Despite federal and state funding and attention targeting the issue, poor adverse outcomes persist...

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POLICY (CHANGES) WE NEED TO IMPROVE MATERNAL (ARE) DELIVERY:

Enable clinicians to practice at the top of their license without artificial barriers and enable patients to have access to a range of providers that are best able to meet the patient's needs.

Provide health insurance coverage to all pregnant people through pregnancy and at minimum the first year after birth.

Ensure the appropriate education of patients both in terms of birthing options and throughout pregnancy and after so that people know what to look for.

Care models that provide the needed range of services including home visits after birth to support the full family.

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www.atromitosconsulting.com/atromitos-way